

LOW COST REWARDS FOR GOOD BEHAVIOR

- ❖ Visit a park
 - ❖ Go to the library

 - ❖ Choose clothes/outfit
 - ❖ Attend a school activity
 - ❖ Time with friends
 - ❖ Sleep over

 - ❖ Stay up later
 - ❖ Computer time

 - ❖ Choosing what is for dinner
 - ❖ Extra one on one time with parent
 - ❖ Waffles with whipped cream
 - ❖ Choosing a hairstyle
 - ❖ Going to or picking out a movie
 - ❖ Movie + (with popcorn, treats)
 - ❖ Tokens that can be redeemed
 - ❖ Phone time
 - ❖ Special call to favorite relative
 - ❖ Game night
 - ❖ Ice cream
 - ❖ Using the car
 - ❖ Going camping
 - ❖ Facebook time
 - ❖ Visit to Dollar Store
 - ❖ Video game time
 - ❖ Cooking something together
 - ❖ Kid choice for one on one time
 - ❖ Chore reprieve
 - ❖ Make-up party

 - ❖ Curfew extension
 - ❖ Mani/pedi
 - ❖ Sleeping in on weekend
 - ❖ Doing home-made crafts
 - ❖ Playing with water
 - ❖ Added autonomy; gets to stay alone at home
 - ❖ Time with relatives
 - ❖ Digging in dirt/playing in mud
 - ❖ Outside play time
 - ❖ Bubbles
- ❖ Skyping with friend or relative
 - ❖ Special time with special relative like going to the park
 - ❖ Walking the dog
 - ❖ Going to a sporting event
 - ❖ Shopping mall visit
 - ❖ Added autonomy; gets to stay alone at home
 - ❖ Trip to Mickey D's
 - ❖ Get ride to school instead of walking/taking the bus
 - ❖ Fancy dinner night
 - ❖ Going on a scavenger hunt
 - ❖ Riding shotgun
 - ❖ Picking radio station in the car
 - ❖ Making doll clothes
 - ❖ Dance party
 - ❖ Download app
 - ❖ Building a fort
 - ❖ Goodwill shopping
 - ❖ Extra wii time
 - ❖ Camping in the backyard
 - ❖ S'mores
 - ❖ Certificates made on Publisher
 - ❖ Badges (like Scouting)
 - ❖ Rearranging or painting bedroom
 - ❖ Playing with flashlights
 - ❖ Sledding
 - ❖ Going to the Y, zoo, museum
 - ❖ Going swimming
 - ❖ Choosing funny thing for parent to do (jump up and down, make faces)
 - ❖ Jumping on bed time
 - ❖ Boss for the hour/afternoon
 - ❖ Shopping mall visit
 - ❖ Finger Painting
 - ❖ Trip to Mickey D's
 - ❖ Get ride to school instead of walking/taking the bus
 - ❖ Fancy dinner night
 - ❖ More stuffies in bed
 - ❖ Longer story time/extra story
 - ❖ Pick the game on game night